



# SACRED HEART SCHOOL

Maharana Pratap Chowk, Jhumri Telaiya, Koderma

Website: <http://www.sacredheartkoderma.org/>

## Science

### Class – VI

- 1) What is the function of water in our body?
- 2) What is Roughage? Write the function of roughage in our body.
- 3) What are the main sources of Roughage?
- 4) Define:
  - i) Diet
  - ii) Balanced diet
  - iii) Dehydration.