



SACRED HEART SCHOOL

Maharana Pratap Chowk, Jhumri Telaiya, Koderma

Website: <http://www.sacredheartkoderma.org/>

Science

Class – VI (18-April-2020)

1. What are nutrients?
2. Write the name of nutrients present in food.
3. Which food nutrient is known as "Energy giving food" and why?
4. Which food nutrients (carbohydrates or fats) is better source of energy and why?
5. Show an activity "foods contain carbohydrates".
6. Show an activity "foods contain fats".