



# **SACRED HEART SCHOOL**

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Website: <http://www.sacredheartkoderma.org/>

## **Science**

### **Class – VI (23-April-2020)**

- 1) Which type of food is known as "BODY BUILDING FOOD"?
- 2) Write the name of sources of protein.
- 3) Write the two types of Vitamins.
- 4) Define
  - a. Fats Soluble Vitamins. b. Water Soluble Vitamins
- 5) Write the sources and functions of vitamin A and vitamin D.