



SACRED HEART SCHOOL

Maharana Pratap Chowk, Jhumri Telaiya, Koderma

Website: <http://www.sacredheartkoderma.org/>

Science

Class – VI (24-April-2020)

- 1) Which type of food is known as "BODY BUILDING FOOD"?
- 2) Write the name of sources of protein.
- 3) Write the two types of Vitamins.
- 4) Define
 - a. Fats Soluble Vitamins. b. Water Soluble Vitamins
- 5) Write the sources and functions of vitamin A and vitamin D.